

Lynn Marie Smith

At nineteen, Lynn Marie Smith went from small town straight “A” student, to an aspiring actress in New York City. By twenty-three, she was living in a psychiatric ward nearly destroyed by drug addiction.

Lynn’s audiences and readers never fail to ask, “How did you move past the pain to make a positive life for yourself?” In this powerful talk Lynn shares her answer - she says ‘YES’ to life. She empowers the audience to see that by accepting their struggles, their fears, their pain, and most importantly by accepting themselves, they can find their true path to happiness, success, and freedom.

“This very personal account of one young woman’s courageous journey is gripping and inspiring.”

- Nancy Cartwright, Voice of Bart Simpson

“Lynn Marie Smith moves people. Her smile is infectious. She is a joy to work with. Fresh, hip, and in tune with the world she so passionately speaks about. Her experiences have taken her on a path that is allowing her to touch the hearts, the souls, and minds of those who need it the most.”

- Donnie Vick, UcasTV Nashville

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